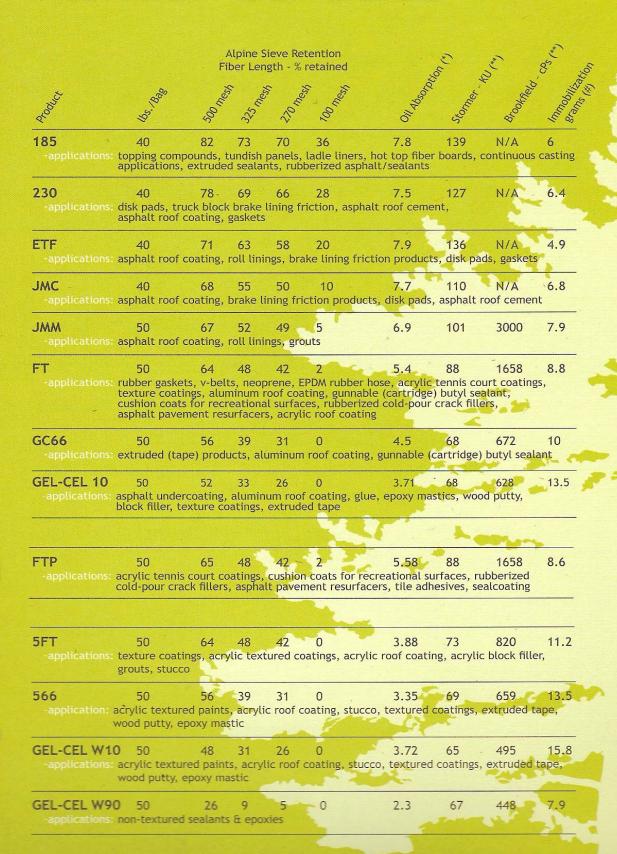
Interfibe Fiber Guide



^(*) Times its own weight

Treated

^(**) Stomer and Brookfield (3.85% fiber in Kaydol oil)

^(#) Grams of fiber in 150 ml of mineral spirits